WILSON COUNTY & BEYOND · PRINT IT · PACK IT · HIT THE TRAIL

Local Hiking & Trail Guide

...take a hike



Lace up your boots and get ready to breathe in that fresh air! Whether you're chasing sunrise or simply strolling through nature, these are my favorite hikes and trails in our area, showcasing Tennessee's rugged beauty and soul-refreshing serenity. Gather some friends, pack some snacks, and get ready to discover the trails!

Close to Home

Easy to fit into a morning or an afternoon

1. **Cedars of Lebanon State Park**
   328 Cedar Forest Rd, Lebanon
2. **Long Hunter State Park**
   2910 Hobson Pike, Hermitage
3. **Bledsoe Creek State Park**
   400 Zieglers Fort Rd, Gallatin
4. **Radnor Lake State Park**
   1160 Otter Creek Rd, Nashville
5. **Stones River Greenway**
   2320 Two Rivers Pkwy, Nashville

Worth the Drive

Waterfall day trips east of Wilson County

6. **Fall Creek Falls State Park**
   2009 Village Camp Rd, Spencer
7. **Burgess Falls State Park**
   4000 Burgess Falls Dr, Sparta
8. **Cummins Falls State Park**
   390 Cummins Falls Ln, Cookeville

BEFORE YOU GO

- Check park hours and alerts. Some trails close after heavy rain.
- Bring water, snacks, and sturdy shoes.
- Download a trail map before you lose signal.



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